

TEEN KNOWLEDGE



NATIONAL HEALTH EDUCATION STANDARDS (NHES) 9-12

Standard 2: Students will analyze the influence of family, peers, culture, media, technology, and other factors on health behaviors.

- 2.12.2 Analyze how the culture supports and challenges health beliefs, practices, and behaviors.
- 2.12.3 Analyze how peers influence healthy and unhealthy behaviors.
- 2.12.7 Analyze how the perceptions of norms influence healthy and unhealthy behaviors.
- 2.12.8 Analyze the influence of personal values and beliefs on individual health practices and behaviors.

Standard 5: Students will demonstrate the ability to use decision-making skills to enhance health.

- 5.12.5 Predict the potential short-term and long-term impact of each alternative on self and others.

OBJECTIVES:

Students will be able to:

- Identify behaviors which affect safe driving
- Identify how to improve driving safety
- Demonstrate the ability to use decision-making skills to enhance health

VOCABULARY:

You always study vocabulary, but this time let's make it yours and make it fun. Create an Interactive Vocabulary Journal (IVJ), using the unit vocabulary below. You may use other resources you find in and outside of class. For example, you may take your own photographs or draw your own caricatures to incorporate into your IVJ.

- Distraction
- Defensive driving (list basic concepts)
- Speed limit
- Responsibility
- Reckless

(cont. on page 2) ①

ACTIVITY:

Using your IVJ, create a Digital Pamphlet. Your Digital Pamphlet will provide for other teens a quick but engaging review of safe driving tips. Share your Digital Pamphlet first with your class and then find a mall and ask if you may distribute your Digital Pamphlets there.

REFERENCES:

- U.S. Department of Transportation
- Official U.S. Government Website for Distracted Driving
- Put It Down Campaign
- National Highway Traffic Safety Administration. Statistics and Facts about Distracted Driving. Based on the 2008 National Occupant Protection Use Survey [online]. [Cited 2008 June 2–22]. Available from URL: <http://www.distraction.gov/stats-and-facts/#what>
- AAA Foundation for Traffic Safety. 2009 Traffic Safety Culture Index. [Cited 2009 July]. Available from URL: <http://www.aaafoundation.org/pdf/2009TSCIndexFinalReport.pdf>
- National Highway Traffic Safety Administration. Policy Statement and Compiled Facts on Distracted Driving. [Online]. Available from URL: <http://nhtsa.gov/>